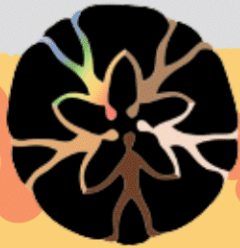


COOS HEAD FOOD CO-OP

April Sales!



Seasonal, Organic Produce

JICAMA



RHUBARB



BROCCOLI



STRAWBERRIES



Grocery



**OLIPOP
PREBIOTIC SODA**
\$2.19



**JUST EGG
PLANT BASED
SCRAMBLE**
\$6.99



**QUINN
FILLED PRETZEL
NUGGETS**
\$5.99



**LATE JULY
DIPPERS**
\$4.49



**TASTY BITE
ENTREES**
\$3.99



NEW TO TRY!



**SCHWARTZ
BROTHERS
CINNAMON
ROLLS**

**RUBICON
CUPCAKES
AND MUFFINS**



Meat

**KNEE DEEP
CATTLE COMPANY**
FREE RANGE
GRASS FED BEEF



**NORTHWEST
FARMS**



**SMART
CHICKEN**



PORT ORFORD
SUSTAINABLE SEAFOOD



BILINSKI'S
ORGANIC TOMATO,
BASIL & MOZZARELLA

CHICKEN SAUSAGE
NO CASING | 13g PROTEIN



CHICKENS RAISED WITH
NO ANTIBIOTICS EVER
FULLY COOKED & GLUTEN FREE
KEEP REFRIGERATED | NET WT 12 OZ (340g)

BILINSKI'S
ORGANIC CAJUN-STYLE
ANDOUILLE

CHICKEN SAUSAGE
NO CASING | 13g PROTEIN



CHICKENS RAISED WITH
NO ANTIBIOTICS EVER
FULLY COOKED & GLUTEN FREE
KEEP REFRIGERATED | NET WT 12 OZ (340g)

**FORCE
-OF-
NATURE**
100% GRASS FED
REGENERATIVE
GROUND
BEEF



**FORCE
-OF-
NATURE**
100% GRASS FED
GROUND
ELK



BILINSKI'S

**FORCE
-OF-
NATURE**



**Navitas
Superfood Berry**
SALE: \$12.99
REG: \$17.99



**VITAL PLANET
Vital Digest**
SALE: \$35.99
REG: \$49.99



**Andalou Products
Body Lotion and
Shower Gel**

20% Off!



*Terry
Naturally.*
Bronchial Clear
SALE: \$13.99
REG: \$17.99



**Zhou Plant
Complete Protein**
SALE: \$22.99
REG: \$29.99



**Nature's Way
Sambucus
Immune Syrup**
20% Off!



Bulk

**Onion Soup &
Dip Mix**

SALE: \$.69/oz.

REG: \$.89/oz.

Emmer Grain

SALE: \$2.99

REG: \$3.99

**Organic Whole
Cashews**

SALE: \$7.99

REG: \$11.49

**Pacific Coast
Trail Mix**

SALE: \$20.29

REG: \$24.29

**Brown Rice
Flour**

SALE: \$1.99

REG: \$3.99

**Himalayan
Salt**

SALE: \$1.99

REG: \$3.49

Epsom Salt

SALE: \$2.99

REG: \$4.99

**Hazel Munch
Trail Mix**

SALE: \$20.29

REG: \$21.89

**Organic Cashew
Pieces**

SALE: \$7.99

REG: \$10.59

Vanilla

Extract

SALE: \$29.99

REG: \$59.99

Chia Seeds

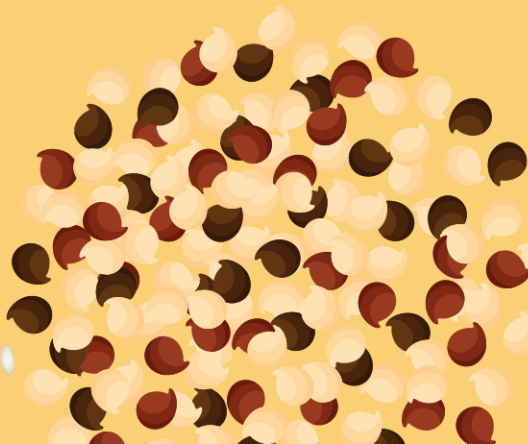
SALE: \$3.99

REG: \$7.99

Mary's Duck

SALE: \$5.29

REG: \$5.99



Beer and Wine

ALL ORGANIC WINE

**on sale
throughout april**

