COOS HEAD FOOD CO-OP

April Sales!

Seasonal, Organic Produce

PURPLE BRUSSELS SPROUTS

ARTICHOKES

PINK LEMONS

EGGPLANT

COOS HEAD FOOD CO-OP

BASIC PRICING!

DISCOUNTED PRICES FOR YOUR EVERYDAY NEEDS!

Lulubelle's Whole Milk

Wilcox Cage Free Eggs

Organic Rice Dream

Crofter's Organic Strawberry Spread

Field Day Organic Raw Honey

Rudi's Organic Whole Wheat Bread

Field Day Organic Peanut Butter

Field Day Organic Tomato Sauce

Field Day Organic Extra Virgin Olive Oil

Umpqua Unsalted Butter

Nature's Path Organic Fruit Juice Flakes

Field Day Organic White Rice

Field Day Organic Brown Rice

COOS HEAD FOOD CO-OP

BASIC PRICING!

DISCOUNTED PRICES FOR YOUR EVERYDAY NEEDS!

Field Day Organic Spaghetti

Field Day Wild Caught Skipjack

Field Day Organic Chicken Broth

Field Day Mediterranean Sea Salt

Simply Organic Ground Black Pepper

Field Day Recycled Paper Towels

Field Day Liquid Dish Detergent

Field Day Ultra Soft Bath Tissue

Beer and Wine

Lapis Luna Zinfandel
$14.99

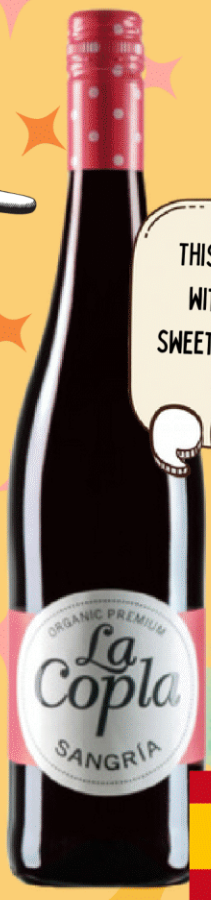
CAL FORN A REPUBL C

Lapis Luna Rose
$14.99

Lapis Luna Red Wine Blend
$14.99

CAL FORN A REPUBL C

THIS SANGRIA IS FRESH AND FRUITY WITH NICE SPICE AND A TOUCH OF SWEETNESS TO ROUND OUT A DELICIOUS SUMMER DRINK.
-Sandalo Organic Estates



La Copla Sangria
$11.99

THE CLAREA IS FRESH AND CITRUSY, WITH BEAUTIFUL AROMAS THAT REMIND US OF SUMMER.
-Sandalo Organic Estates

La Copla Clarea
$11.99

Health and Beauty

Terry Naturally Clinical Essentials Immune

SALE: $19.99

REG: $24.99

What your body needs to support a strong immune system!

Soloray Glucosamine

500 MG:

SALE: $16.99

REG: $22.49

1500 MG:

SALE: $21.99

REG: $27.59

FLORA

Flora Apple Cider Shots

SALE: $4.99

REG: $8.99

NON GMO Project VERIFIED

USDA ORGANIC

Primal Kitchen Hazelnut Collagen Creamer

SALE: $42.99

REG: $29.99

✓KETO

GLUTEN FREE

Rainbow Light Multivitamins

SALE: $13.49

REG: $17.99

25% OFF

Navitas Superfood+ Green and Berry Blend

SALE: $8.99

REG: $17.99

USDA ORGANIC

Bulk

Fresh Ground Peanut Butter
SALE: $4.89
REG: $5.89

Azure Liquid Laundry Detergent
SALE: $4.79
REG: $5.59

Azure Dishwasher Powder
SALE: $4.49
REG: $5.29

Chia Seed
SALE: $3.99
REG: $7.99

Organic Coconut Med. Shred
SALE: $3.69
REG: $5.29

Bridgeview Coffee
SALE: $16.49
REG: $17.19

Raw Hazelnuts
SALE: $10.99
REG: $17.99

Almonds
SALE: $10.99
REG: $14.89

Sunrise Paleo Blend
SALE: $16.39
REG: $18.79

Vanilla Extract
SALE: $29.99
REG: $59.99

Flax Seed
SALE: $2.99
REG: $4.49

Organic Medjool Dates
SALE: $7.79
REG: $8.79

YUM! Crunchy Sprouted Pumpkin Seeds!
Throw on a salad or eat as a snack!

Whole Cashews
SALE: $9.99
REG: $13.49

YUM! Cheesy Pumpkin Seeds!
You're going to want to try these!

Meat

YOUR STOP FOR LOCAL, ETHICAL MEAT!

DIESTEL

NORTHWEST FARMS

Pork Roast, Pork Steaks, and Pork Spare Ribs Now Available!

FISHERMAN DIRECT SEAFOOD, GOLDBEACH, OR

Salmon Filets and Portions

SMART CHICKEN

FORCE OF NATURE